

# HUNGRY? RECIPES FOR MEN PG. 191

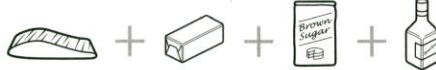
# WHAT KOBE BRYANT & DENNIS KUCINICH HAVE IN COMMON PGS. 51, 172 & 182

# Esquire



Charlize Theron Is the Sexiest Woman Alive

**THE HURRIED MAN:**  
Four courses in 26 minutes



**THIRD COURSE: BOURBON AND BROWN-SUGAR SALMON**  
from MARK GAIER and CLARK FRASIER, Arrows and MC Perkins Cove, Ogunquit, Maine

Rinse 2 **SALMON** fillets (about 1 1/2 inches thick), pat dry, and season with salt and pepper. Heat skillet over medium to high heat; when hot, add about 2 **TBSP BUTTER** and melt without burning. Once foaming subsides, add 1/4 cup **BROWN SUGAR** and stir until combined. Add salmon and cook 3 to 4 minutes. Flip and add 1/4 cup **BOURBON** and cook until desired doneness, about 3 minutes.