

EXTRA! AMERICA'S FAVORITE CITIES: 2007 WINNERS

T R A V E L + L E I S U R E

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SPECIAL ISSUE



good to go | news

MAKE LIKE A LOCAL

Eating locally harvested food whenever possible helps the farming economy and the environment. (Come December, those fresh blueberries have to travel by plane from Argentina to get to your breakfast table. Enough said.) To help you choose wisely, T+L found four regional fall standouts—and restaurants featuring them on their menus. By FRANCINE MAROUKIAN

	FOOD	PROVENANCE	GET IT AT	WHAT TO ORDER
	Cranberries In the wild, this native American fruit grows in a spectrum of reds, from candy-apple to almost-white.	Northeast and Great Lakes swamps and bogs.	Arrow's Restaurant, Ogunquit (Borwick Rd.; 207/361-1100), set in a historic farmhouse with an organic garden.	Buckwheat crêpe with cranberry mascarpone and foraged chanterelle mushrooms.
	Dungeness Crab San Francisco's most treasured Thanksgiving tradition.	Northern California to the Aleutians, especially in the Golden Gate area.	Hayes Street Grill, San Francisco (320 Hayes St.; 415/863-5545), designed as a neo-traditional fish house in Hayes Valley.	Chilled cracked Dungeness crab with aioli.
	Neck Pumpkin This orange, sweet squash, with its signature long, crooked neck and small bulb, is related to the Waltham butternut variety.	New England and the Mid Atlantic, with an emphasis on Lancaster County, Pennsylvania.	Bistro 7, Philadelphia (7 North Third St.; 215/931-1560), a BYOB hidden in a renovated storefront in historic Old City.	Gnocchi with cider-roasted Lancaster County neck pumpkin, toasted walnuts, brown butter, and sage.
	Quince When cooked, this fruit—related to the apple and the pear—reduces to a sweet, reddish paste.	Upstate New York.	BLT Market, New York City (50 Central Park S.; 212/521-6125), Laurent Tourondel's latest for "New American" cuisine, in the Ritz-Carlton Central Park.	Grilled Long Island duck with Hudson Valley foie gras and quince compote.

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